



Rukmani Birla Modern High School

THE BIRLAITES EXPRESS

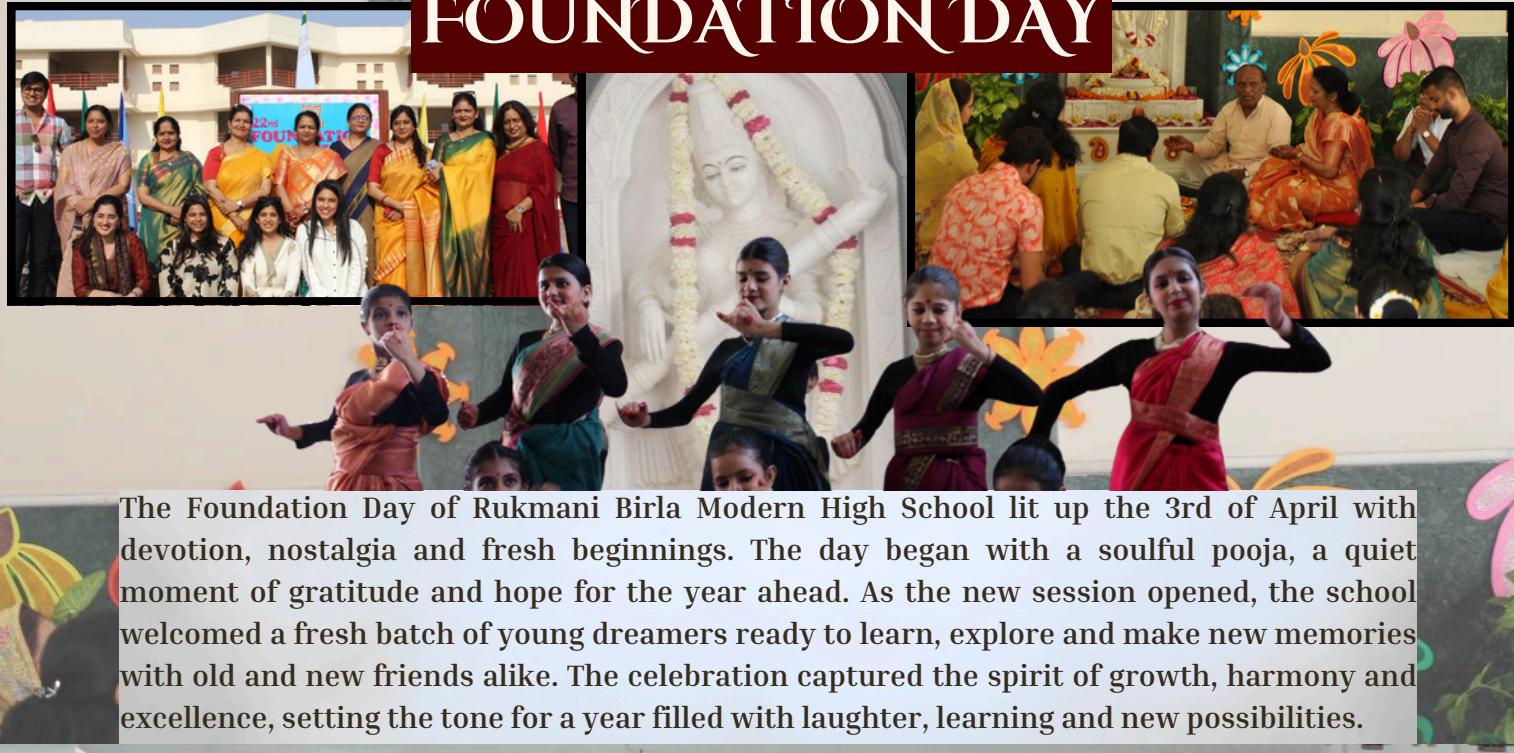
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April - June



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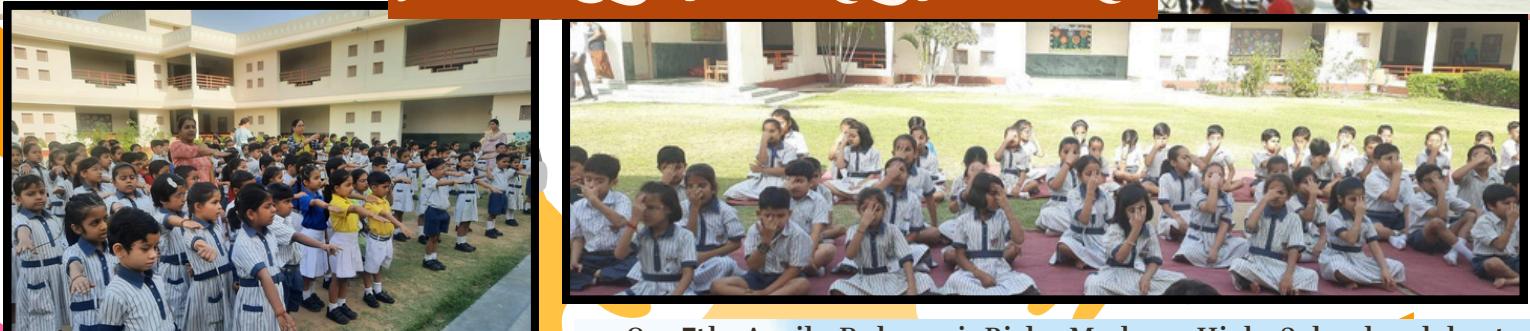
FOUNDATION DAY



The Foundation Day of Rukmani Birla Modern High School lit up the 3rd of April with devotion, nostalgia and fresh beginnings. The day began with a soulful pooja, a quiet moment of gratitude and hope for the year ahead. As the new session opened, the school welcomed a fresh batch of young dreamers ready to learn, explore and make new memories with old and new friends alike. The celebration captured the spirit of growth, harmony and excellence, setting the tone for a year filled with laughter, learning and new possibilities.



WORLD HEALTH DAY



On 7th April, Rukmani Birla Modern High School celebrated World Health Day with the WHO theme "Healthy beginnings, hopeful futures." Students from Grades 1-5 took part in fun, health-focused activities, from skits, yoga, and poster-making to poems and hygiene lessons. The day ended with a collective pledge to follow healthy habits, reminding everyone that small choices create healthier, happier lives.



INTERHOUSE DESIGNING COVER OF RBMHS COFFEE TABLE BOOK COMPETITION



The school organised a Coffee Book Cover Design Competition on 17th April 2025, where students showcased their artistic talents. With great zeal and enthusiasm, participants crafted innovative designs, blending art and imagination. The participants were required to design the cover page with two inner pages for a coffee table book. The event was a huge success, demonstrating the synergy of talent, enthusiasm and skill among students.

HERITAGE DAY

Rukmani Birla Modern High School celebrated World Heritage Day 2025 with the theme "Rajasthani Culture and Tradition," showcasing the richness of our heritage. Teachers spoke about the importance of preserving age-old customs, followed by engaging activities for Grades 6-8. The highlight was an Art Workshop where students used colours and mehndi to create traditional patterns, celebrating Rajasthan's vibrant culture with great zeal and pride.



EARTH DAY



On 24th April 2024, Rukmani Birla Modern High School celebrated Earth Day with creativity and care. Students from Classes III to V took part in eco-friendly activities — Class III planted seeds in paper pulp pots, Class IV made colourful bird beak masks from recycled materials, and Class V created collages showcasing their “Zero Waste Week.” Their enthusiasm reflected a strong commitment to protecting the planet and inspired everyone to take small, meaningful steps toward a greener future.



INTERNATIONAL DANCE DAY

Rukmani Birla Modern High School celebrated International Dance Day with a vibrant workshop for Classes VI-VIII at G.P. Birla Auditorium. The event showcased Classical and Hip Hop dance forms, emphasizing expression, fitness, and joy. Alumni Bhavya Jain, Ritu Temani, Cheshta Rathi, and Gaurisha Jain led the sessions, sharing their experiences and guiding students through basic techniques. The students participated with great enthusiasm, making the workshop both inspiring and memorable, as it celebrated the power of dance to connect and uplift.



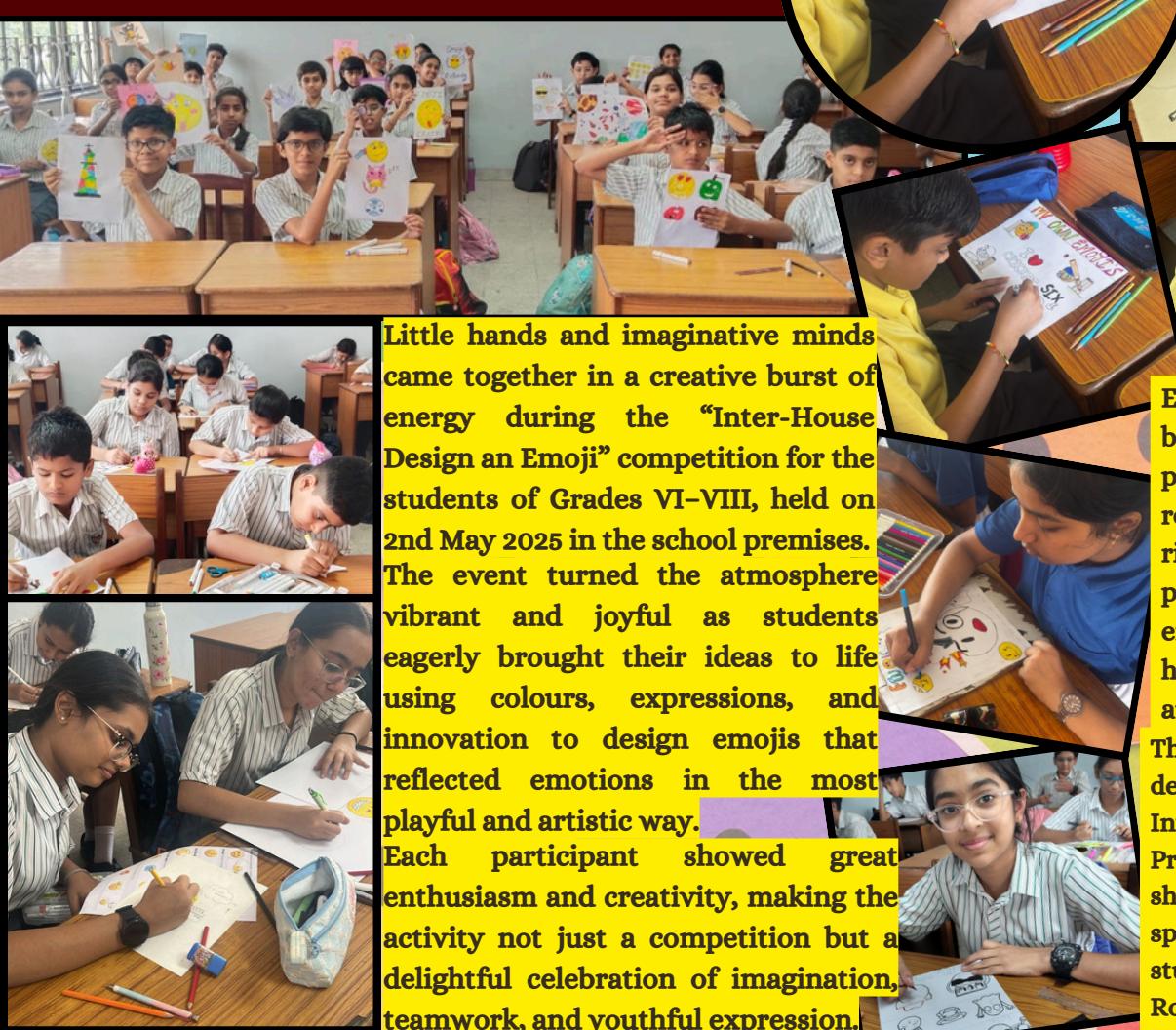
INTERNATIONAL LABOUR DAY



Rukmani Birla Modern High School organized a special celebration on 1st May, 2025 to honor the hard work and dedication of guards, gardeners, and supporting staff.

The event featured a comic show, games like musical chairs and balloon tower, and a vibrant showcase of talent. The celebration was a heartwarming tribute, filling the day with laughter, joy, and appreciation for these unsung heroes.

INTERHOUSE DESIGN AN EMOJI COMPETITION



Little hands and imaginative minds came together in a creative burst of energy during the "Inter-House Design an Emoji" competition for the students of Grades VI-VIII, held on 2nd May 2025 in the school premises. The event turned the atmosphere vibrant and joyful as students eagerly brought their ideas to life using colours, expressions, and innovation to design emojis that reflected emotions in the most playful and artistic way.

Each participant showed great enthusiasm and creativity, making the activity not just a competition but a delightful celebration of imagination, teamwork, and youthful expression.

Each house presented a beautiful blend of soulful prayers and melodious songs, reflecting both cultural richness and team spirit. The performances were full of enthusiasm, discipline and harmony- captivating the audience and judges.

The vibrant spirit of music and devotion came alive during the Inter-House School Song and Prayer Competition. The event showcased the musical talent and spiritual harmony of the students of the four houses- Rose, Gulmohar, Lotus and

DEEP DIVE

The entrepreneurial spirit was alive at Rukmani Birla Modern High School during its much-awaited business conclave, Deep Dive, held on 7th May 2025 in the school auditorium. The event offered students a practical glimpse into the business world through two dynamic activities. Wall Street Wizards brought the excitement of the stock market to life with fast-paced simulations, while Flaunt That Good allowed aspiring entrepreneurs to pitch their product ideas. The session was led by alumni Yashesh Tambi and Mishty Goyal, who judged the pitches and encouraged students to think creatively and ambitiously. Moderators Parry Chibber, Yash Gupta, and Manan Lohiya demonstrated strong knowledge of stock markets throughout the event. More than just a competition, Deep Dive was a journey of learning, innovation, and inspiration.



On 5th June 2024, the Nursery and Kindergarten students of Rukmani Birla Modern High School joyfully celebrated World Environment Day. Nursery students explored nature through sensory play with leaves, twigs, and pebbles, while Kindergarten students created art using natural materials. In the "Trash to Treasure" Clean-Up and Compost Challenge, they learned how composting benefits the planet. The celebration inspired creativity, curiosity, and a sense of care for nature in every young learner.

INTERNATIONAL YOGA DAY

To emphasize that a healthy body stems from a healthy mind, Rukmani Birla Modern High School celebrated Yoga Diwas with a series of meaningful activities. Students from all four houses recited shlokas and gracefully demonstrated Surya Namaskar. NCC cadets and teaching staff also participated, spreading the message of health and happiness through yoga. Students expressed the importance of yoga through thoughtful artwork showcasing yoga practices.



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Paavani Bothra 7-C



Mansi Sharma 11-E



Saharsh Jain 5-A



Naira Gupta 4-B



Ameya Agrawal 9-D



Redan Singh Phogat 5-B



Atharva Kasliwal 6-A



Anubha Agrawal 11-A

LITERARY SECTION

LIFE

हमेशा याद आएंगे

What is life?
I asked myself one day
Life is a melange of sadness and joy
That's what my heart lead me to say.

It flows through us
We flow through it
Each one complimenting the other
As seems fit.

Life is in the blossoming fields,
The chirping song thrush,
The wilderness and the fauna
Slow and steady, there is no rush.

Without life, the Earth will fade
Come rain, hail or snow.
There will be no energy and no shade,
And the world will cease to exist.

Because life itself is existence
It revives and rejuvenates
And in our souls and hearts
The song of life resonates.

~Arnavi Kasliwal 11-B

Tired.

Weary of this lingering ache, weary of the years,
Trying to vanquish pain without shedding any tears.

And as a poet with broken wings and a shattered heart,
Instead of writing poetry, I write my fears.

~Aadhya Goyal 11-E

क्या आप भी भूल जाएंगे?

पता नहीं, समय इतनी जल्दी कैसे बीत गया।
आए तो रोते हुए थे – “नहीं जाना, नहीं जाना स्कूल!”
अब जाएंगे रोते हुए – “नहीं जाना, नहीं जाना स्कूल से!”

पता नहीं कब ये शिक्षक अपने से लगने लगे,
पता नहीं था इतना यादगार बन जाएगा यह पल।

समय अब खत्म होने को है,
कक्षाएँ समाप्त हो जायेंगी, किताबें भी बदल जाएंगी।
क्या फिर हम ऐसे साथ बैठ पाएंगे?
क्या फिर एक-दूसरे की शिकायतें कर पाएंगे?
क्या फिर क्लास में छिप-छिप कर खाना खा पाएंगे?

क्या सब एक-दूसरे को भूल जाएंगे?
क्या सबके लिए ये पल उतना ही यादगार होंगे?
क्या सब भी इन पलों को उसी अपनापन से याद करेंगे?

ये अवसर वापस तो नहीं मिल पाएगा,
तो सारी बदमाशी निकाल कर ही जाएंगे।

कितने भी बड़े हो जाएंगे
पर इन्हें... इन्हें कभी न भूल पाएंगे
यह हँसी, यह बार्ते, यह छोटी-छोटी यादें
सब याद आएंगी

इन्हें कैसे भूल जाएंगे...?

~Manasvi Kankas and Sara Shrotriya
10-A

Whispers of Winter

The cold breezes enter veiling the fields,
with it's chiseled breath, the nature reveals.
The snowflakes rolling down the skies,
Singing the melodies of skadi, that none
defies

Each breath emerges as a cloud of dreams,
Lingering in the air, with fading dreams,
sharing it's serenity with the trees,
and later vanishes for the sun to unleash.

I hear a Robin shouting the Tsip,
to trace the others amidst the trip,
Through frozen lakes under the haze,
Till their destination deep in the maze.

The pine stands tall between the snowflakes,
With it's roots unshaken, though the whole
world shakes,
Dashing through the icy gales and skies
growing pale,
It guards the woods where dreams prevail.

The aurora breaks through silvery haze,
Reviving the hearts, the gelid breaks,
The world exhales the final sigh,
As winter bows the final goodbye.

~Earth Raj Pradhan 11-B

The Chrysalis of Ego

When we look at a butterfly's lifecycle, i.e. metamorphosis, we notice that the caterpillar must endure a cocoon stage in order to emerge as a beautiful butterfly. The cocoon stage is ugly yet important for the next one and is the most crucial part of the small caterpillar's journey. The human ego goes through the same journey. A person will become egoistic as a byproduct of their personal development.

Imagine a person that is currently a nobody, just about average in everything. When that person starts to develop themselves and start to advance in life and become better than they were before, we'll observe that the person will become egoistic as a result of their development. It isn't that the person was like that by nature, but in their journey from insignificance to someone significant, humble and respectable in their area of work and life.

Thus, ego can be defined as the transitional period from insignificance to humility.

The Chrysalis of Ego- ego is the cocoon stage before emerging as a wiser, humbler being. Each and every personality has gone through an egoistic stage, and it is necessary and compulsory in order to move forward in life and build character. Only after the egoistic stage can the person truly become humble and someone actually significant and experience growth on a level they never experienced before. A person in pursuit of something must become the opposite first. In this case a person who seeks humility must become the opposite, that is egoistic to truly realise the dangers that a person's ego brings. Only then can he understand what humility truly is in every sense of the word and become someone who will be remembered and appreciated by those around him.

So, we can conclude from the chrysalis of ego that ego is the transitional period from insignificance to humility, and the person must become egoistic first to truly understand what it means to be humble.

~Adhvaryu Chaturvedi 11-E

Editor's Note

Thank you for taking a moment to read The Birlaites Express! Your time and enthusiasm keep our spirit of storytelling alive. We hope each edition brings you a little joy, inspiration, and pride in being part of the Birlaite family.

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THANK YOU!