Rukmani Birla Modern High School Session 2025-26 SUMMER ASSIGNMENT

Summer days, so warm and bright, Filled with laughter, pure delight. Every day a chance to see, The world in all its mystery.

Explore the world, both near and far, Find out just how brave you are. Let curiosity be your guide, In every step, take pride.

When you return to books and class, You'll be refreshed and strong at last. For summer's magic, soft and slow, Is the seed where knowledge grows.

Balance work with time for play, Enjoy the sunshine every day. Rest and dream, let your mind soar, Summer's gifts hold so much more.

HOLIDAYS ... FUN TIME ...

Summer holidays are around the corner. Despite the hot sun, we can still have a lot of fun, so vacation is here for a sweet treat. To enhance the child's creativity and innovation for the progressive learning, we have designed a few engaging activities and holiday homework. Kindly encourage your ward to do the following activities to enhance their skills and make learning a joyful experience.

Morning Blessings- Parents can help children to inculcate good habits by doing, Surya Namaskar and encouraging them to greet all elders in the morning.

Being responsible- Spend a week with your elders. Observe their routine. Listen to their childhood memories, incidents from the past and watch their old family albums. This will strengthen the bond between you and your elders. Don't forget to capture them in the form of short videos.

Engage in Hobbies – Explore Interests, Spend time on activities you enjoy, such as sports, music or art.

Adopt a Tree – Encourage your child to adopt a tree in the park around you and make sure that you take care of it daily by watering it. Also, click a picture with it and share it with your class teacher.

Stay Active: Engage in regular exercise, whether through sports, walking, cycling, or home workouts.

Outdoor Activities: Spend time outdoors, enjoying nature through hiking, swimming, or camping.

Helping Others: Do a good deed at least once a week, fostering a sense of community.

Travel and Explore: Visit local museums, parks, or historical sites.

Trips: Plan trips, whether it's a family vacation or day trips to nearby attractions.

Stay Safe: Follow health guidelines, stay hydrated.

Parents can help their ward to memorize their home address and contact numbers

IMPORTANT: Please feel free to contact the class teacher regarding any query.

HOLIDAY ASSIGNMENT

CLASS: II

 \star Do the holiday homework in respective subject notebooks.

English: Activity 1: Reading Time

EAT YOUR GREENS!





It was time for lunch at the castle. The cook had made a salad.

'Yummy,' said the king.

'Wonderful,' said the queen.

'No, thank you,' said Kate. 'May I have toast? There are too many colours on my plate!'

The king was cross. The queen was angry. The cook made a plan.

The next day, Kate wore an orange dress.

'Today is orange day,' said the cook. 'Everything on your plate is orange!'

Kate ate carrot sticks. She drank orange juice. Yum!





The next day, Kate wore a red dress. 'Today is red day,' said the cook. Kate ate strawberries and cherries. She ate an apple. Yum!



The next day, Kate wore a yellow dress.

'Today is yellow day,' said the cook.

Kate ate bananas. She drank lemonade. Yum!

The next day, Kate wore a green dress. It was a present from the cook!

'Today is green day,' said the cook.

So many foods were green! Kate ate lettuce and beans. She ate avocado and grapes. She ate cucumbers, too.

'That was great!' said Kate.





When the cook heard that, she knew Kate was ready.

Kate was ready to try something new.

The cook put a very special dress on Kate's bed. She could wear it tomorrow.

It was covered in rainbows and clouds. I wonder what the cook will make for lunch?

Read chapter 5 of your CACA book (Pg 9-14)

• Parents are requested to only guide their children while doing the assignments. Originality of the work will be appreciated.

<u>English</u>

- Do the assignment in your English notebook(write only answers).
- I. Read the following passage and answer the following questions-

Healthy Food

Healthy foods are important for our bodies to grow strong and stay healthy. Fruits and vegetables are some of the healthiest food we can eat.

They come in many different colours and flavours. Apples, oranges. Carrots and boroccoli are just a few examples of these nutritious foods. They are packed with vitamins and minerals that help us stay energised and keep our immune



system strong. Eating healthy food also helps us to have strong bones and teeth. So, next time you're hungry, reach for a delicious and nutritious fruit or vegetable!

Read the above paragraph and answer the following questions-

Q1. Why are healthy foods important?

Ans. _____

Q2. What do fruits and vegetables provide ?

Ans. _____

Q3. How do healthy foods help our bodies?

Ans. _____

Q4.Find two proper and 2 common nouns from the paragraph given above-

Common Nouns _____

Proper Nouns _____

Project Work- Do in your scrap book

- Spend time with your grandparents and help them.
- Help your parents with the household work.
- Wash your hands frequently when helping in the kitchen, as vegetables, groceries and others may be carrying bacteria.

II. Write a grandmother recipe of any healthy item without fire. Click photos with them while preparing and cooking it.

III. Make a journal of all the healthy things u have eaten during holidays.



Make your child watch any of the above movie and narrate the story in class when school reopens.

<u>Fun Learning</u>

IV. Learn the following poem during holidays and recite in class-

Be Healthy

Chips, burgers, cold drink, Make your stomach sphere. Eating healthy is a good thing Like morning fresh air.

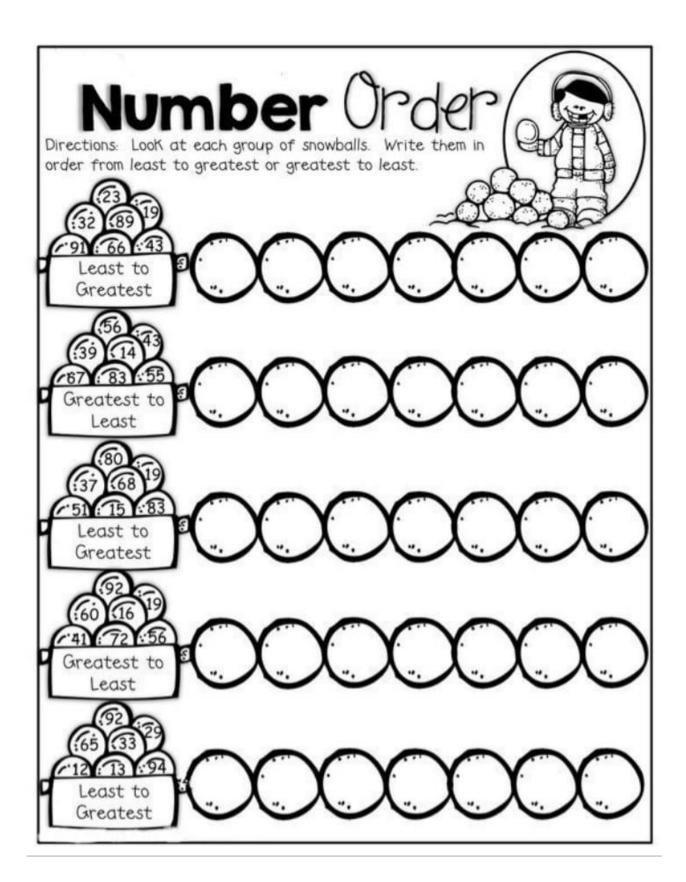
Always drink water It can save you from Sun. If you will do this, You can go everywhere with your mum.



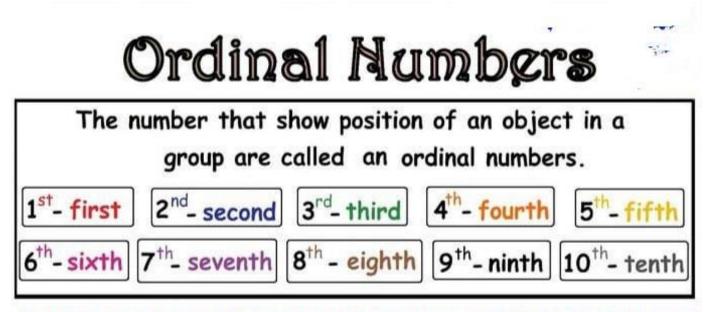
Always do exercise, It is good for your health. Health is more important, Then any kind of wealth.

<u>Maths</u>

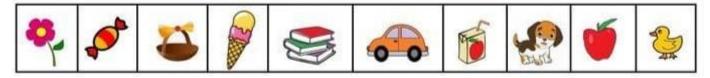
Take a printout of the following worksheets and solve them-

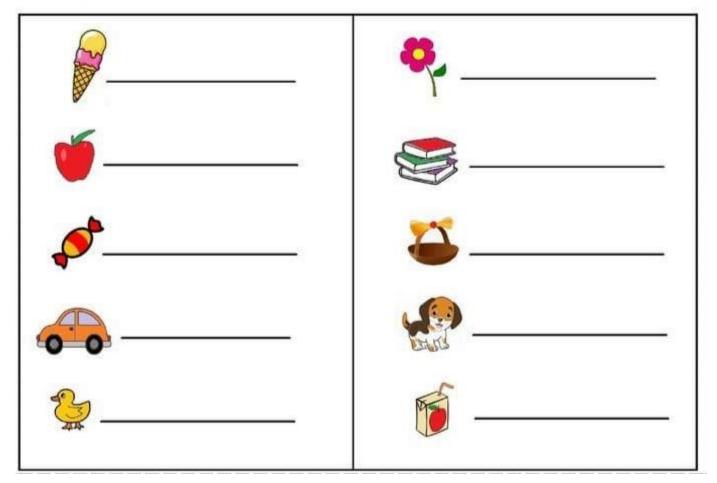


Shade the odd ice creams red & the even ones green.

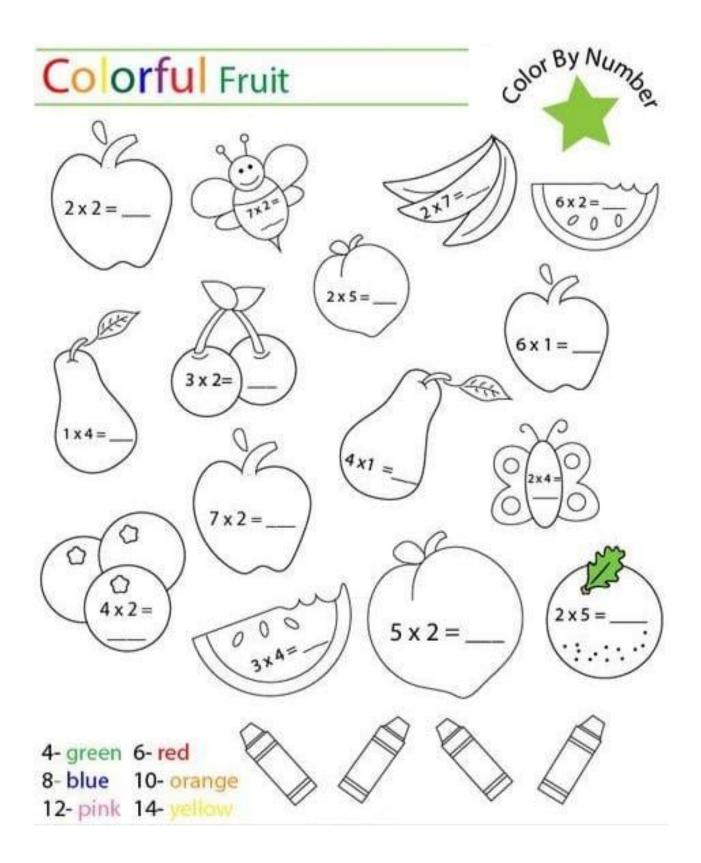


See the objects that given below and write down the position of an object in the way of expressing an ordinal numbers.





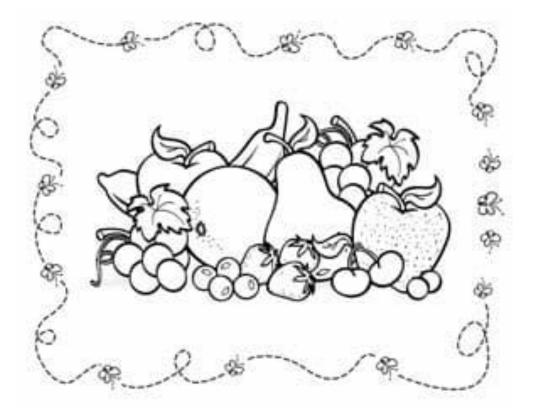
• Learn Multiplication tables 2 to 10 and do the following worksheet-



<u>EVS</u>

- 1. Make a table mat with the following ideas-
- ✤ Paste cut outs or draw and colour fruits and vegetables.
- ✤ Use A3 size sheet to make the mat with some innovative ideas.
- ✤ Label and get it laminated before submitting.

Reference pics-





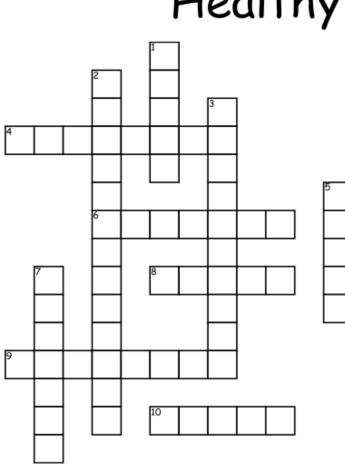
2. Do the following worksheets in your EVS notebook (write only answers).

HEALTHY OR NOT?

Look at the activities below. If you think that an activity is healthy, colour the circle green. If it is not, colour it red.

Adding salt to your meal.	Wash your hands before eating.
Wash your hands after you have been to the toilet.	Chewing your nails.
Eating Junk food every day.	Eating a cake with every meal.
Spending all day indoors.	Eating a balanced diet.
Sleeping for ten hours every night.	Visiting the dentist every six months.
Drinking 8-10 glasses of water every day.	Walking 10,000 steps every day.

3. Take the printout and do the following worksheet-







<u>Across</u>

4. running, sport and walking etc

6. eating your fruit and veg will make you this

8. fruit and

9. found in meat, fish and eggs

10. gala or granny smith

<u>Down</u>

1.1 of your 5 a day

 starches found in fruit and veg

3. they grow in the ground

- 5. you drink it
- 7. they are orange

4. Take the printout and do the following worksheet-

My each geo billes Draw and Write		
My breakfast		
	For breakfast, I usually have	
My lunch		
My lunch	For lunch,	
My dinner		
	For	
	••••••	

विषय - हिन्दी

🚸 "मेरी हेल्दी रेसिपी" – वीडियो कुकिंग शो गतिविधिः

बिना गैस के कोई हेल्दी रेसिपी बनाएँ (जैसे – स्प्राउट्स चाट, फल सलाद)

उसे हिंदी में बताते हुए एक वीडियो बनाएँ

अंत में बोलें – "बनाओ हेल्दी, रहो हेल्दी।

🚸 रैप कविता – "जंक को कहो Bye Bye"

एक तुकबंदी वाली 6 पंक्तियों की रैप कविता लिखिए।

उदाहरण:

> बर्गर, पिज्जा, चिप्स का स्वाद,

करता सेहत को बर्बाद!

सेब, दाल और गाजर लाओ,

हड्डियों को मजबूत बनाओ!

जंक फूड को करो बाय बाय

🚸 मेरा हेल्दी हीरो – कल्पना से कहानी

कल्पना करें कि एक फल या सब्ज़ी एक सुपरहीरो बन गई है।

उसका नाम क्या है?

वह बच्चों को कैसे बचाती है जंक फूड से

एक पेज की मज़ेदार कहानी लिखिए।

(जैसे: गाजरमैन, दूधगर्ल, दालवाला)





🍂 दिए गए कार्य को हिन्दी कापी में करें।

🚸 श्रीमद भागवत गीता के पन्द्रहवे अध्याय के श्लोक संख्या 1 से 5 तक कंठस्थ करें।

Computer

Paint Software: Do practice of various options in paint. Select, resize, skew, copy and paste and flipping the image in Paint software.

<u>Classes</u> Nursery to VIII IX to XII

Summer Vacation May 10, 2025 to June 24, 2025 May 25, 2025 to June 24, 2025

(ANA) MANGANA AN

Do Your Assignments But Do Not Forget To Read Books Spend Time With Family & Friends Help Birds & Stray Animals Learn A New Skill, Sharpen Your Talent Come Back Rejuvenated, Relaxed, Refreshed, Revived, Recharged