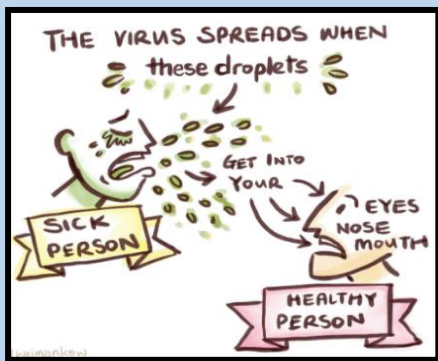


RBMHS is taking all the necessary precautions in light of the latest situation of the novel corona virus (officially named 2019 nCoV) infection. Kindly go through the points given below to keep yourself safe and protected.

Things we should know about Corona Virus



How does it spread?



Keep your distance



Give them a mask

Don't panic, Stay safe

Protect others from getting sick

When coughing and sneezing **cover mouth and nose** with flexed elbow or tissue

Throw tissue into closed bin immediately after use

Clean hands with alcohol-based hand rub or soap and water after coughing or sneezing and when caring for the sick

World Health Organization

Wash your hands

Wash your hands with soap and running water when **hands are visibly dirty**

If your **hands are not visibly dirty**, frequently clean them by using alcohol-based hand rub or soap and water

World Health Organization

Precautions

Protect others from getting sick

Avoid close contact when you are experiencing cough and fever

Avoid spitting in public

If you have fever, cough and difficulty breathing **seek medical care early** and share previous travel history with your health care provider

World Health Organization

Protect yourself and others from getting sick

Wash your hands

- after coughing or sneezing
- when caring for the sick
- before, during and after you prepare food
- before eating
- after toilet use
- when hands are visibly dirty
- after handling animals or animal waste

World Health Organization